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Symptoms Function Performance Summary

update this information every 1-2 months

Name:

Date:

Provider appointments	Dates and update
Health changes	**Dates and update**

Symptoms Update

Top 3-5 most interfering symptoms	Level of Severity	Impact on functional performance

Additional Information:

Functional Performance Update

ADLs	Performance and Support
Feeding	
Hygiene	
Toileting	
Dressing	
Sleep	

IADLs	Performance and Support
Meal prep & clean up	
Care for others	
Care for home	
Communication & Social engagement	
Mobility/Transportation	
Work/School	

Describe your REST	Strategies, tools, duration, intensity, etc.
Pre-Emptive Rest (rest prior to activity)	
Recuperative Rest (rest after activity)	