



## Help researchers better understand autonomic dysfunction related to Long COVID

Researchers are studying possible treatments for adults who have Postural Orthostatic Tachycardia Syndrome (POTS) symptoms related to Long COVID. POTS causes a number of autonomic dysfunction symptoms like fast heart rate, dizziness, and fatigue when standing up from sitting or lying down to standing.

We want to learn if **a study drug called Ivabradine and lifestyle changes** can improve daily functioning for people with ongoing symptoms after a COVID infection.

### You may be a good fit for this study if:

- You are an adult who developed POTS symptoms after getting COVID
- You do not have an active COVID infection
- You still have 1 or more of these POTS symptoms when you stand up:
  - Fast heart rate
  - Dizziness
  - Fatigue

### What to expect in the Ivabradine or placebo group

If you decide to take part, you will have an equal chance of receiving either the active study drug (Ivabradine) or placebo. Your participation should last about 6 months.

#### You would:

- Visit the clinic 4 to 5 times to complete lab tests and physical ability tests
- Take an active study drug (Ivabradine) or placebo, provided at no cost
- Wear an fitness tracker to record your heart rate and daily activity
- Answer follow-up questions about your health and well-being
- Be paid for your time

In addition to the active study drug or placebo, some participants will complete 3 months of non-drug interventions, like making diet changes and wearing a compression belt around the stomach.



Contact the study team:



No health insurance is required

Learn more at [trials.recovercovid.org/autonomic](https://trials.recovercovid.org/autonomic)