Clinical Screening Decision Tree
for ME/CFS and LC

Known PEM/PESE or ME/CFS or LC Diagnosis

YES
Initiate PEM/PESE informed plan of care.

If any of the three are present
1. Complex medical history
2. History of viral illness
3. Key phrases suggesting PEM/PESE

YES
Screen using one or more PEM/PESE screening tools.

NO
Proceed with typical plan of care. PEM/PESE may show at a later date. Be observant of patient tolerance to POC.

YES
PEM/PESE likely not present but proceed with caution. Rescreen/monitor for PEM/PESE frequently.

NO
Initiate PEM/PESE informed plan of care.