



# 2018 Funding Needs

*Our 2018 fundraising goal is \$1,000,000 and with your help we will reach it!*

The *Bateman Horne Center* is about empowering patients, advancing research, and improving clinical care for all those impacted by Myalgic Encephalomyelitis/Chronic Fatigue Syndrome and Fibromyalgia (ME/CFS and FM). We envision a world where patients are readily diagnosed, effectively treated, and widely met with empathy and understanding. The *Bateman Horne Center* is led by Dr. Lucinda Bateman and Suzanne D. Vernon, Ph.D., who bring more than 40 years of combined experience and leadership to treating patients and advancing research in the areas of ME/CFS and FM.

*Our three greatest needs for 2018 are listed below.* You can choose to have your contribution designated as a general donation or used in one of these specific ways. **Donate by calling (801) 359-7400 or by secure web donation at [http://bit.ly/bhc\\_2018](http://bit.ly/bhc_2018).**

## 1) CLINICAL CARE

*Improve care for patients all over the country by adding practitioners to staff and sharing practitioner knowledge of how to treat these diseases (\$350,000)*

- Add an experienced MD or DO to the staff to expand the number of patients we can see in the clinic (\$200,000)
- Add a Nurse Practitioner or Physician's Assistant to the staff to expand the number of patients we can see in the clinic (\$100,000)
- Help sponsor our international collaborations with expert clinicians to document and share clinical knowledge about these illnesses with researchers (\$50,000)

## 2) EDUCATION

*Empower patients worldwide with live classes and recorded courses that teach patients how to self-manage symptoms (\$169,000)*

- Record the series of patient classes and post them on our website to expand the reach of our education program (\$35,000)
- Upgrade and improve our website, including increasing our online library of educational materials for patients and providers to reach the millions of people who are affected by these illnesses who cannot get into a clinic, are in areas where clinics are not available, or are too sick to attend educational classes (\$50,000)
- Sponsor our patient education classes that teach patients how to manage symptoms, such as Restorative Sleep, Widespread Pain, Activity Intolerance and PEM, Orthostatic Intolerance, or Brain Fog and Cognitive Impairment (6 classes per course: \$21,000; 4 courses per year: \$84,000)

## 3) RESEARCH

*Advance research for a biomarker with necessary equipment and human resources (\$124,000)*

- Add an experienced data scientist to help us mine the rich data Dr. Bateman has accumulated over the past 15 years (\$100,000)
- Equip our research department with needed items such as:
  - Cardiopulmonary exercise testing (CPET) equipment (\$14,000)
  - Biological safety cabinet (\$10,000)

